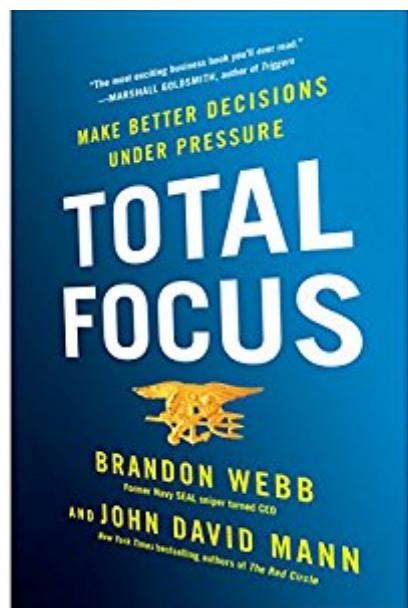


The book was found

Total Focus: Making Better Decisions Under Pressure



Synopsis

A former Navy SEAL sniper turned media CEO and New York Times best-selling author teaches business leaders how to make the best decisions under pressure. Over his four deployments as a Navy SEAL sniper, Brandon Webb learned all about performing while experiencing heart-pounding stress. After returning to civilian life, he started his first business venture - and failed miserably. He realized that his big mistake was neglecting to apply what he already knew about focus under pressure. By drawing on the lessons of his SEAL training and early business struggles, Webb went on to build a second business, a media network called Hurricane, which today has an audience of millions and a valuation over \$100 million. Now Webb deconstructs the decision-making DNA of the most effective snipers and shows you how to develop the same mental acuity in civilian life. Drawing on stories from his own experiences and those of other Special Operations warriors and great entrepreneurs, like Solomon Choi of 16 Handles, Matt Meeker of BarkBox, and Betsy Morgan of The Huffington Post and TheBlaze, he teaches you how to have total situational awareness to stay out of danger and adapt to changing circumstances, to avoid the trap of overanalysis, and to understand that pain is temporary and learning is priceless. By following in the path of a generation of legendary snipers, you'll find the clarity of mind you need to make key decisions and accomplish your mission, whatever it takes.

Book Information

Audible Audio Edition

Listening Length: 7 hours and 37 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Penguin Audio

Audible.com Release Date: August 15, 2017

Whispersync for Voice: Ready

Language: English

ASIN: B0728L825V

Best Sellers Rank: #13 in Books > History > Military > Intelligence & Espionage #21 in Books > Audible Audiobooks > History > Military #33 in Books > Business & Money > Skills > Decision Making

Customer Reviews

I really enjoy how people like Brandon Webb and Jocko Willink and Leif Babin can relate spec op

experience towards not only business but life in general.

Lots of 5-star reviews from people that didn't actually purchase the book. Hmmm, how does that happen? How many of you 5-star reviewers got this text?

Do your research, the author lies about many of their accomplishments and the book offers nothing different from any other "SEAL" book.

Outstanding read with great insights from former Navy SEAL Brandon Webb on what it takes to be successful.

Here's the problem. There's a right way and a wrong way to do things. Sometimes this is very difficult to define, but it's something that we can easily discern. Becoming a SEAL is a privilege earned through very hard work that entails responsibility and duty. The problem with Brandon is that he doesn't understand it was a privilege and nor does he comprehend his duty. His books essentially prostitute the Trident. There's a right way and a wrong way to recount your SEAL experience, and Brandon does it ALL wrong. His total focus is on self and compromising principles for money. He has a total lack of focus on what the Teams were and are all about. And that is sad. As a Navy SEAL myself, I cannot recommend his books. Sorry. Wish Brandon Webb would have a Total Focus on true honor, courage and commitment.

Nothing original. I was very disappointed with this book. It was a typical self -help book that you can get anywhere but it was sprinkled with some of author's Navy Seal experience to certain topics. Do not waste your money.

I have read all of Brandon's books and this one takes his Navy Seal experience and knowledge into our everyday business life. Most of us have never fought on the battlefield in the Middle East but we battle everyday in the workplace. My favorite chapter is the One Team, One fight that gives valuable advise on customer loyalty, choosing a business partner and giving back. If you are an entrepreneur or struggling to succeed as an employee; this book is for you. Bravo Mr. Webb and thank you for your years of service!

Noticing the one star reviews by non-verified purchasers all follow a similar line of attack. Not on the

book, which none of them have read, but personal attacks on the author himself. Casual readers should know that these attacks are directed by another ex SEAL who "sold out his Trident" himself writing a book which failed to do well and now follows Webb around like an jilted and emotionally compromised 13 yr old girl using his followers to go after Webb in a dirty, calculated and underhanded way, which is entirely in keeping with the generally unstable and unreliable reputation of this guy while he was on the teams. I've had run ins with this guy on line previously where he threatened to kill me. His name is Chris Osman. Full disclosure. I know Webb personally, I received an advanced copy of the book which I have not finished yet to write a review myself.

[Download to continue reading...](#)

Pressure Cooker: 365 Days of Electric Pressure Cooker Recipes (Pressure Cooker, Pressure Cooker Recipes, Pressure Cooker Cookbook, Electric Pressure Cooker ... Instant Pot Pressure Cooker Cookbook) Total Focus: Making Better Decisions Under Pressure Total Focus: Make Better Decisions Under Pressure Soap Making: 365 Days of Soap Making: 365 Soap Making Recipes for 365 Days (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, ... Making, Soap Making Supplies, Crafting) Soap Making: 365 Days of Soap Making (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, Soap Making Recipes, Soap Making Supplies): Soap Making Recipes for 365 Days Decisions at Second Manassas: The Fourteen Critical Decisions That Defined the Battle (Command Decisions in America's Civil War) Blood Pressure: Blood Pressure Solution : The Ultimate Guide to Naturally Lowering High Blood Pressure and Reducing Hypertension (Blood Pressure Series Book 1) Blood Pressure: High Blood Pressure, Its Causes, Symptoms & Treatments for a long, healthy life.: Plus 9 Free Books Inside. (Blood Pressure, High Blood ... Hypertension, Blood Pressure Solutions.) Blood Pressure Solution: 30 Proven Natural Superfoods To Control & Lower Your High Blood Pressure (Blood Pressure Diet, Hypertension, Superfoods To Naturally Lower Blood Pressure Book 1) Power Pressure Cooker XL Cookbook: The Quick And Easy Pressure Cooker Cookbook – Simple, Quick And Healthy Electric Pressure Cooker Recipes (Electric Pressure Cooker Cookbook) Blood Pressure: Blood Pressure Solution: 54 Delicious Heart Healthy Recipes That Will Naturally Lower High Blood Pressure and Reduce Hypertension (Blood Pressure Series Book 2) Power Pressure Cooker XL Cookbook: The Quick And Easy Pressure Cooker Cookbook – Simple, Quick And Healthy Electric Pressure Cooker Recipes (Electric Pressure Cooker Cookbook) (Volume 1) High Blood Pressure Cure: How To Lower Blood Pressure Naturally in 30 Days (Alternative Medicine, Natural Cures, Natural Remedies, High Blood Pressure ... Cures for High Blood Pressure, High Bl) The Ultimate Soap Making Guide: Unique Soap Making Recipes &

Complete Soap Making Guide for Beginners (Soap Making at Home, Soapmaking Guide, Soap Making Recipes, Soap Making Book) Bolivia in Focus: A Guide to the People, Politics, and Culture (In Focus Guides) (The in Focus Guides) Focus On Lighting Photos: Focus on the Fundamentals (Focus On Series) Electric Pressure Cooker: Superfast Pressure Cooker Recipes - Healthy, Delicious, Quick and Easy Meals (Nutrition Facts, Instant Pot, One Pot, Power Pressure) Blood Pressure Solution: How to lower your Blood Pressure without medication using Natural Remedies (Natural Remedies, Blood Pressure, Hypertension) Blood Pressure: Blood Pressure Solution: The Step-By-Step Guide to Lowering High Blood Pressure the Natural Way in 30 Days! Natural Remedies to Reduce Hypertension Without Medication HIGH BLOOD PRESSURE: Blood Pressure Solution: The Step-By-Step Guide to Lowering High Blood Pressure the Natural Way, Natural Remedies to Reduce Hypertension Without Medication

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)